

## Important Dates

### 2010

**March 1-April 9**

Session One

Registration Deadline: Feb 22, 2010

**April 19- May 28**

Session Two

Registration Deadline: April 12, 2010

**Aug 30- Oct 8**

Session Two

Registration Deadline: August 23, 2010

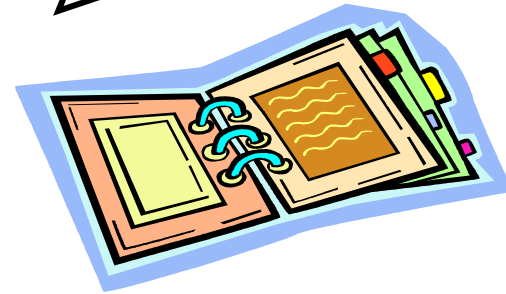
**Oct 18- Dec 3**

Session Two

Registration Deadline: October 11, 2010



**A.D.A.P.T.**



## **Adult Day Activities Program & Training**

**at Holton Recreation Center**



DPR provides opportunities for our  
community to **PLAY MORE!!**

Call 560-4292 ext 27341 for more information

## ► About A.D.A.P.T.

### Program Overview

The Adult Day Activities Program and Training (A.D.A.P.T.) is held at Holton Career and Resource Center (401 North Driver Street) and includes outings to other sites in the community. The program is designed for adults ages 18-54 with intellectual disabilities. The program focuses on vocational and leisure education and training. ADAPT focuses on community integration and the overall goal of the program is to help participants find success in typical work and leisure environments.

ADAPT uses assessments to identify and develop participant goals. The Community Integration Program (CIP) developed by Harborview Medical Center provides treatment protocol modules that are used to help ADAPT participants reach their goals.

Services are provided in the following areas: Functional Activities, Leisure Education, Community Integration, and Recreation Participation. Specific topics covered will vary during each session, based on participants' needs but may include:

- Social Skills
- Time Management
- Transportation—use of public transportation
- Leisure Opportunities
- Socialization
- Vocational Skills
- Daily Living Skills
- Community Skills—grocery store, bank, library, etc.

### Fees



Per Week

\$55.00 City Residents Playmore card

\$61.00 City Resident Playmore card

\$65.00 Non-City Residents Playmore card

\$71 Non-City Resident -Non-Playmore card

Payment for the first week is due at registration. A deposit of \$10 per week is required for the five additional weeks. This deposit is required at the time of registration. Your place in the program cannot be held without payment.

The balance of your weekly fee will be due no later than Monday of the week prior to the beginning of the next week. Failure to pay fees will result in loss of your deposit and may result in your slot being given to the next person on the waiting list.

There may be an additional cost each week for outings and/or Friday lunch. Participants are responsible for this cost. Staff try to keep additional costs to a minimum.

### Transportation



DPR will **NOT** provide transportation to or from the program.

"DPR strives to make our programs, services, and facilities accessible for all individuals and families, regardless of race, color, religion, gender, national origin or ability level."

## Registration Information



Registration forms will be accepted by mail or can be dropped off beginning now at Holton Career and Resource Center (401 North Driver Street)) or the DPR Main Office (400 Cleveland Street). Slots will remain open until filled.

Payment for ONE week must accompany the application to secure the session.

Registration is accepted on a first paid, first served basis. Maximum registration is 15 participants; minimum registration is 9 participants. If minimum registration is not met for a session, that session can be cancelled. Persons placed on a waiting list will be notified as soon as space is available.

## Operating Hours

A.D.A.P.T. runs from 9:00 a.m. until noon, Monday through Thursday. We will run 10:00 a.m. until 1:00 p.m. on Friday to include lunch - cooking in or eating out.



## Each Participant Should:

- Be independent in his/her own care. Cases where minimal assistance is needed will be considered.
- Be willing and able to follow instructions and comply with reasonable requests made by others. Therefore aggressive, destructive and/or self-injurious behaviors will not be tolerated.
- Be independently mobile or need only minimal assistance.
- Be interested and able to benefit from the services offered.

## Participant Information

DPR's A.D.A.P.T. program provides each participant a chance to maintain and develop his/her daily living, vocational, and leisure skills. One-on-one care providers are welcomed. *Participants requiring one-on-one personal services such as feeding, toileting and behavior management will need to secure someone to provide such services.*

Decisions about the need for one-on-one support will be made by program management.

Participants will be given a Skills Inventory at registration. This must be completed and returned to the Special Programs/Inclusion staff one week prior to the start of camp. These forms will help us better serve each participant and increase his/her independence. In addition, staff will assess each participant during the first week of each session to determine group needs and goals.

## Code of Conduct

I, \_\_\_\_\_, agree to:

1. Act in a respectful manner;
2. Interact with others in an appropriate manner;
3. Correct my behavior when concerns are shared with me;
4. Follow directions;
5. Ask questions and/or express concerns as they arise;
6. Express my needs and wishes;
7. Listen to others;
8. Participate in the activities offered;
9. Make program suggestions;
10. Share community contacts.

### NOTICE UNDER THE AMERICANS WITH DISABILITIES ACT

The City of Durham will not discriminate against qualified individuals with disabilities on the basis of disability. Anyone who requires an auxiliary aid or service for effective communications, or assistance to participate in a City program, service, or activity, should contact the office of Stacey Poston.

Voice: 919-560-4197 ext. 237, TTY: 919-560-4809;

Stacey.poston@durhamnc.gov, as soon as possible but no later than 48 hours before the scheduled event.

## Proper Attire



Participants must dress appropriately for the weather and activities. Participants will be given prior notification when business dress is expected. Casual attire is appropriate for other days. As this will be an active program, tennis shoes are suggested for casual days.

## Meals

Each Friday, the group will plan and prepare a "home-cooked" meal or plan a dining out trip for lunch. This will give participants an opportunity to practice the skills they have worked on throughout the week in a real world environment. The program dismisses at noon Monday-Thursday; therefore lunch is not a part of the program on these days.



## Attendance

Regular attendance is required since we will be working on skill building, community connections, etc. A no call, no show forfeits your slot for the next session if there is anyone on the waiting list.

## Insurance

Insurance will be provided for all participants during program hours.